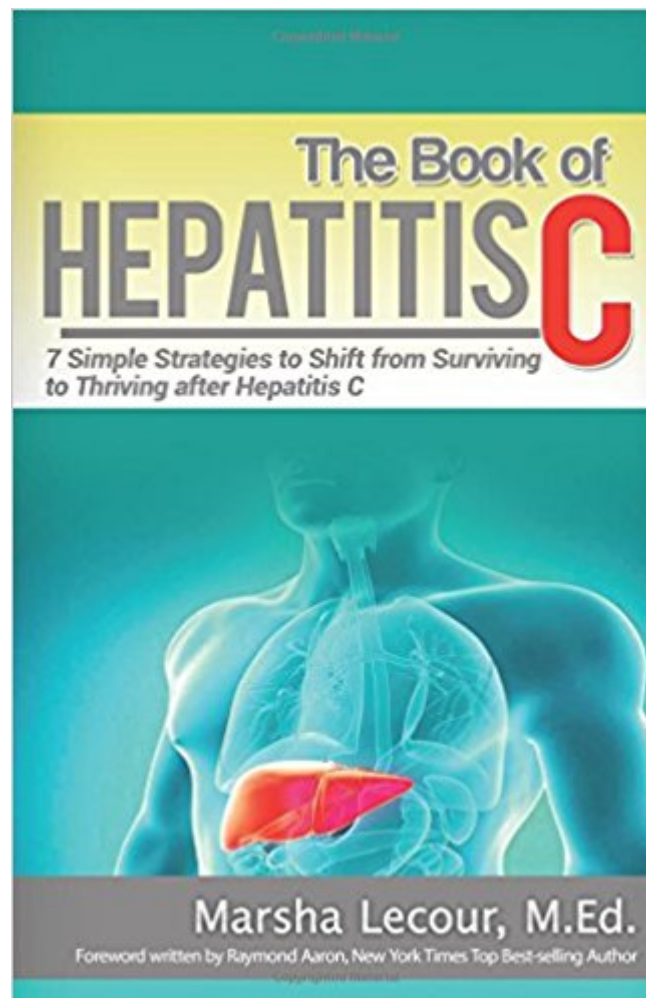




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The Book Of Hepatitis C: 7 Simple Strategies To Shift From Surviving To Thriving After Hepatitis C



Synopsis

The Book of Hepatitis C by Marsha Lecour, M.Ed.

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Customer Reviews

This book is crisp and clear, and if you have any physical problem you're trying to overcome--read it. No, I don't have Hep C, but I have had to overcome a genetic variant that is extremely challenging. Marsha lays it out in a simple, not-too-many-words structure, of how to get from point A to point B. And it's always about an integrated approach, not a one-stop-shopping cure. Marsha Lecour is all about changing your life vector, but she offers a fantastic methodology coupled with periodic "thinking" times, so you really absorb the experience. If you are trying to overcome any difficulty in your life...physical or emotional...I highly recommend this read.

The best book I have ever read on healing and going forward in life after being cured! A must read for all that have had Hepatitis C!

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